

# PALMS

# (Pacific Area Longevity Medical Society)

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- The Chair Area will be turned Clockwise Starting from Micronesia to Polynesia, and to then Melanesia by 3 years as the repeated sequence. It'll come to your place

The present H.Q. (Head Quarter) of PALMSc/o New Tokyo Medical College1, Kapwar E Sou, Kolonia, Pohnpei StatesFederated States of Micronesia (Micronesia Area)Tel: +691-320-3815 or +691-920-2977Fax: +691-320-3391http://www.geocities.jp/rainbow\_8092/PALMS.htmlE-mail: okada@ntmc.fm or rainbow\_vc@yahoo.co.jp

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## 11 . Remote Measurement of Pulse Transit Time

### **Based on Fluctuation of Hemoglobin Component**

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### Field :LL

*Abstract*— Blood pressure is, in most of case, measured with a contact device called a sphygmomanometer cuff. Recently blood pressure can be easily measured with portable devices such as smart watches that take advantage of the progress of mobile technology. Even with the use of mobile devices, contact measurement is still required, which could be one of the mandatory conditions for healthcare applications. In this paper, we propose the remote video based estimation of pulse transit time (PTT) based on the quantification method of hemoglobin level. We confirm high correlation between PTT measured by the proposed method and the blood pressure measurement with sphygmomanometer cuff, whose R, correlation coefficient, is between -0.5792 to -0.7801.

Index Terms- Pulse Transit Time, Blood Pressure, Non-Con tact Measurement

### I. INTRODUCTION

V ital signs are the most basic measurements of the body's functions. Vital signs typically include the measurement of: body temperature, respiration rate, pulse rate, blood pressure. Blood pressure is related to the functional status of heart and blood vessels. The measurement is crucial to detect hypertension, to prevent, control and follow up them. In most cases, it is measured with sphygmomanometer cuff, which requires the subject to remain still. It restricts the frequency and convenience of usage.

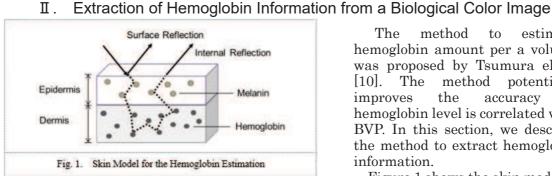
With recent advances in mobile technology, some of the remote vital sign measurements are already in practical use or have been studied for several years. For example, infrared thermometer can detect body temperature remotely and commercially available [1-3]. Aoki et al. [4] proposed a non-contact respiration measurement technique, using the firstgeneration Kinect, by extracting the volume of the thoracoabdominal region using the skeleton joint positions available from the sensor. Poh et al. [5,6] developed the remote measurement technique for blood volume pulse (BVP) signal using a low-cost webcam, based on blind source separation and demonstrated the remote measurement of pulse rate. As to blood pressure, OMRON [7] announced the blood pressure measurement using smart watch. However it still requires contact measurement, which limits application from a wide variety of use cases. In order to expand the usage, remote measurement of blood pressure is significant. However it is still in research stage. It is known that

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blood pressure can be estimated by the detection of Pulse Transit Time (PTT), which is the timing gap between two blood volume pulses at two parts of the body. For the non-contact measurement of PTT, Shao et al. [8] developed non-contact PTT measurement using a conventional camera. Its method measures the brightness of green in the hand and face region and calculates PTT using the delay in the peak times. Murakami at el. [9] measured PTT with the green channel peaks on regions of the hand and ankle, and evaluated the relation between PTT and blood pressure. On the other hand, Tsumura el al. [10] proposed a method to estimate hemoglobin level and blood amount from a biological color image. The method potentially improves the accuracy of estimation of BVP timing since the amount of blood and hemoglobin levels in the blood vessel are correlated with BVP.

In this paper, therefore, we propose a non-contact video based estimation method of pulse transit time (PTT) using the measurement of hemoglobin composition. The proposed method is aimed to obtain PTT accurately only by capturing video remotely.

In section 2, we present how to extract hemoglobin information from a biological color image. In section 3, we describe the experimental setup to obtain BVP and PTT. In section 4 and 5, we describe the experimental results and conclusion, respectively.



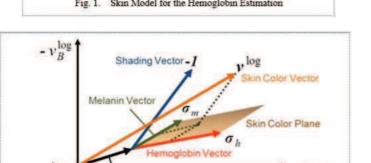


Fig. 2. Model of Observation Signals. Skin color vector vlog is logarithmic value of RGB camera signal on skin region. Skin color vector vlog consists of Melanin vector  $\sigma_m$ . Hemoglobin vector  $\sigma_h$  and shading vector 1. A skin color plane is predefined using training data set. Skin color vector is projected onto the skin color plane along with the shading vector 1. From the position on the skin plane, we obtain the amount of hemoglobin vector.

**Bias Vector** 

log

#### The method to estimate hemoglobin amount per a volume was proposed by Tsumura el al. 110. The method potentially accuracy improves the of hemoglobin level is correlated with BVP. In this section, we describe the method to extract hemoglobin information.

Figure 1 shows the skin model of hemoglobin level estimation. Human skin can be roughly classified into layers, two epidermis and dermis. Epidermis has melanin pigments, and dermis has hemoglobin pigments. Some of the incident light illuminated onto skin is reflected on the surface as surface reflection. Others go into the epidermis and dermis. In those medium, the light undergoes reflection internal where it bounces randomly and comes to the surface of the skin. In the process of internal reflection, some of the light is absorbed by

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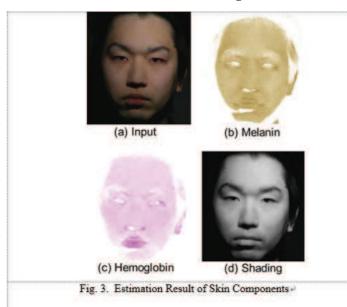
log

R

the melanin and hemoglobin pigments. The modified Lambert-Beer law [11] is an approximate model of internal light behavior. The spectral radiance  $L(x, y, \lambda)$  of internal reflection is

 $L(x, y, \lambda) = e^{-\rho_m(x, y)\sigma_m(\lambda)l_e(\lambda) - \rho_h(x, y)\sigma_h(\lambda)l_d(\lambda)} E(x, y, \lambda)$ 

m: melanin, h: hemoglobin



(1)

where  $E(x, y, \lambda)$  denotes the spectral irradiance of incident light at point (x, y),  $\rho_m(x, y)$ ,  $\rho_h(x,y)$ denote the concentration of melanin and hemoglobin chromophore,  $\sigma_m(\lambda), \sigma_h(\lambda)$  denote absorption cross section of melanin and hemoglobin respectively, and  $l_{e}(\lambda), l_{d}(\lambda)$  denote light path in the epidermis and dermis layers. By putting polarization filters front of in the illumination and camera, we ignore the surface reflection. RGB signal on the position (x, y) in the image captured by the camera,  $v_i(x, y), i = R, G, B$ , can be modeled as

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 $v_i(x, y)$ 

$$=k\int L(x,y,\lambda)s_{i}(\lambda)d\lambda = k\int e^{-\rho_{m}(x,y)\sigma_{m}(\lambda)l_{e}(\lambda)-\rho_{h}(x,y)\sigma_{h}(\lambda)l_{d}(\lambda)}E(x,y,\lambda)s_{i}(\lambda)d\lambda$$
(2)

where  $s_i(\lambda)$  denotes the spectral sensitivity of a camera, k denotes coefficient of camera gain. Spectral reflectance of skin is stable and it is roughly correlated with camera sensitivity. We approximately assume  $s_i(\lambda) = \delta(\lambda - \lambda_i)$ .

We assume spectral irradiance of incident light  $\overline{E}(\lambda)$  is uniform over the observation area, and the shading coefficient p(x, y) is accounts for the concavity and convexity of the surface. We derive

$$E(x, y, \lambda) = p(x, y)\overline{E}(\lambda)$$
(3)

Camera signal  $v_i(x, y)$  can be simply rewrite as

$$v_i(x, y) = k e^{-\rho_m(x, y)\sigma_m(\lambda_i)l_e(\lambda_i) - \rho_h(x, y)\sigma_h(\lambda_i)l_d(\lambda_i)} p(x, y)\bar{E}(\lambda_i)$$
(4)

By taking the logarithm of both sides of Equation (4), we derive

$$\boldsymbol{v}^{log}(x,y) = -\boldsymbol{\rho}_m(x,y)\boldsymbol{\sigma}_m - \boldsymbol{\rho}_h(x,y)\boldsymbol{\sigma}_h + p^{log}(x,y)\mathbf{1} + \boldsymbol{e}^{log}$$
where
$$\boldsymbol{v}^{log}(x,y) = [logv_R(x,y) \quad logv_G(x,y) \quad logv_B(x,y)]^T,$$

$$\boldsymbol{\sigma}_m = [\boldsymbol{\sigma}_m(\lambda_R)l_e(\lambda_R) \quad \boldsymbol{\sigma}_m(\lambda_G)l_e(\lambda_G) \quad \boldsymbol{\sigma}_m(\lambda_B)l_e(\lambda_B)]^T,$$

$$\boldsymbol{\sigma}_h = [\boldsymbol{\sigma}_h(\lambda_R)l_d(\lambda_R) \quad \boldsymbol{\sigma}_h(\lambda_G)l_d(\lambda_G) \quad \boldsymbol{\sigma}_h(\lambda_B)l_d(\lambda_B)]^T,$$

$$\mathbf{1} = [\mathbf{1} \quad \mathbf{1} \quad \mathbf{1}]^T,$$

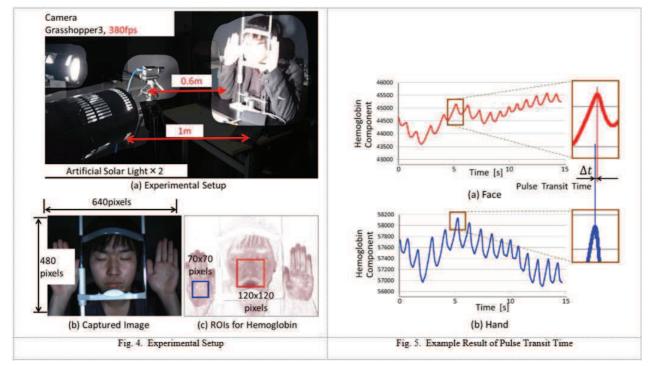
$$p^{log}(x,y) = \log(p(x,y)) + \log(k))$$

$$\boldsymbol{e}^{log}(x,y) = [logE_R(\lambda_R) \quad logE_G(\lambda_G) \quad logE_B(\lambda_B)]^T \quad (6)$$

Figure 2 shows the relation of the input RGB signal and each component. The logarithm of the captured RGB signals  $v^{log}$  can be represented by the weighted linear combination of the four vectors,  $\sigma_m$ ,  $\sigma_h$ , shading vector **1** and the bias vector  $e^{log}$ . We predefine a skin color plane using training data set. The logarithm of the captured RGB signals  $v^{log}$  is projected onto the skin color plane along with the shading vector **1**. From the position on the skin plane, we obtain the hemoglobin vector. Figure 3 shows an example of the result of melanin, hemoglobin, and shading components.

(5)

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III. Setup for BVP and PTT Measurement

Figure 4 shows an experimental setup. We captured the video movies of the subject's face and hands at distance of 1 meter using a Point Grey Grashopper3 (GS3-U3-23S6C) camera. The illumination was an artificial solar light (SOLAX XC-100) at distance of 0.6 meters. All videos were recorded in color (30-bit

RGB with 3 channels  $\times$  10 bits/channel) at 380 frames per second (fps) with pixel resolution of 640  $\times$  480 and saved in AVI format on the laptop. Figure 4(b) shows the example of a captured frame of the experimental data. The subject put his head on chinrest and forehead-rest, in order to keep the subject as still as possible. Using each fr

we estimate the amount of hemoglobin component with the method of Section 2 as shown in Figure 4(c). We set measurement region (ROI) on the face, right hand with pixel sizes of  $120 \times 120$  pixels and  $70 \times 70$  pixels respectively. We calculated the average value of the

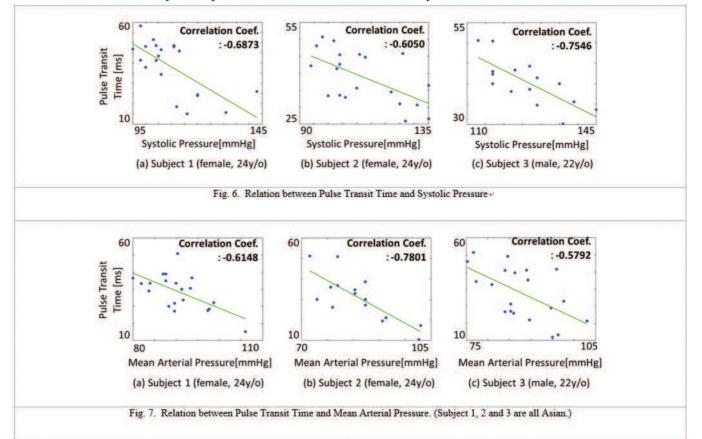
hemoglobin component in each ROI.

Figure 5 show the example result of the temporal change of the hemoglobin component in the face region and in the right hand region respectively. Each wave has 15 peaks in 15 seconds. You can see the difference of the peak time differences between the each hemoglobin component behaviors. The time gap indicate pulse transit time (PTT). In our experiment, we detect peak timing using the frame number which has peak value of hemoglobin component and convert the frame number into time domain by the conversion with frame rate.

#### **Experimental Results** IV.

In this section, we first explain the experimental procedure and show the experimental results. The purpose of the experiment is to check the feasibility of our PTT evaluation method. For the purpose, we measured PTT with the proposed method described in section 3 and also measured the blood pressure using conventional sphygmomanometer (OMRON HEM-7132) for ground truth. And we evaluated the correlation between PTT by the proposed method and the ground truth. In order to evaluate a wide variety of blood pressures, we asked each subjects to do a squat exercise before capturing video. capture video and measure ground truth. We did this procedure repeatedly for each subject. We evaluate blood pressure using systolic pressure, which indicate maximum blood pressure, and a mean arterial pressure (MAP), which is the average over a cardiac cycle. MAP can be approximately determined from measurements of the systolic pressure  $P_{sys}$  and the diastolic pressure  $P_{dias}$  as following

 $MAP \cong P_{dias} + (P_{sys} - P_{dias})/3$  (7) Experimental results are shown in Figures 6 and 7. Figure 6 shows the relation between PTT and systolic pressure. We evaluated three subjects. The horizontal axis of

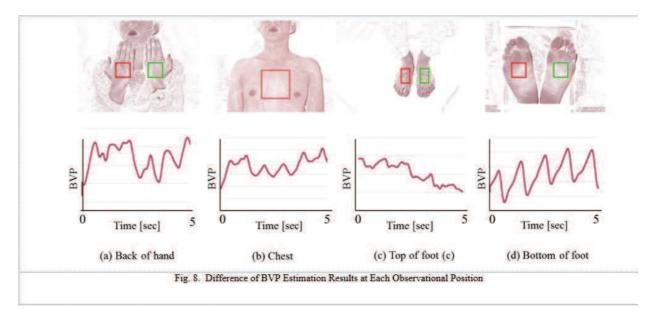


each graph shows systolic pressure  $P_{sys}$  and the vertical axis indicates PTT. The blue dot in each graph shows a measurement. Each data have several dots since we measure PTT and blood pressure repeatedly for each subject. The correlation coefficient between PTT and systolic pressure are -0.6873, -0.6050 and -0.7546 respectively.

Figure 7 shows the relation between PTT and mean arterial pressure (MAP). The correlation between PTT and MAP are -0.6148, -0.7801 and -0.5792 respectively. The results show some variation of correlation coefficient due to the subjects. The one of the reasons comes from the experimental condition. In this experiment, blood pressure as ground truth was measured after capturing movie for PTT. There were certain time gap and it changed in each experiment.

As a prior art, Sugita at el. [12] evaluated the relation between PTT and blood pressure using contact device and confirmed the correlation coefficient -0.658 (The correlation coefficient is written as 0.658 in the paper originally). Kato at el. [13] also evaluated it using contact device and confirmed the correlation -0.848 using contact device. Hence our result of correlation coefficient also showed strong correlation coefficient between PTT and blood pressure and it is almost same as the result of the prior arts, even though our results was obtained by non-contact measurement whereas the prior arts obtain the results using contact measurement.

We also evaluated BVP measurements at several body parts as shown in Figure 8: bottom of foot, chest, top of foot and back of foot.



The back of foot showed clear BVP wave. On the other hand, others did not show clear BVP wave. This result indicates that the selection of suitable measurement position is also important for our remote PTT measurement. The difference may be caused by the difference in skin thickness. This is a research subject for future work.

In our experiment, the number of the subjects is limited. We have to evaluate more subject in order to evaluate statistically significant differences. It is for future work.

#### V. CONCLUSION

We proposed a non-contact video based estimation method of pulse transit time (PTT) using the quantitation method of hemoglobin composition. The proposed method can measure PTT only by using video data which is captured remotely. It is very effective and it has potential to improve the usability of blood pressure measurement.

We also evaluated the correlation between PTT measured by the proposed method and blood pressure measured by a sphygmomanometer cuff. As a result, we achieved high correlation between -0.5792 and -0.7801, which confirms the effectiveness of the proposed method.

We acknowledge that there are several limitations in this study. In this paper, we only evaluated Asian subjects. We have to confirm the effectiveness for Caucasian and Negroid subjects as well. Number of the subjects is also limited. We will evaluate more subjects for future work. There is much room for the improvement of the experimantal setup. In our expriment, there were certain time gap between captureing video for the experimental data of PTT and blood pressure for grand truth. By using continuous sphygmomanometer, we can eliminate the time gap. The improvement of the hemoglobin estimation model might be effective to improve the stability and accuracy of the PTT measurement.

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